

Westminster Health & Wellbeing Board

RBKC Health & Wellbeing Board

Date:	29 November 2018
Classification:	General Release
Title:	Annual Report of the Director of Public Health
Report of:	Director of Public Health
Wards Involved:	All
Financial Summary:	Not applicable
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1. Executive Summary

- 1.1 This paper updates the Board on progress on the annual report of the Director of Public Health for 2017-18, referred to as the Annual Public Health Report (APHR), and presents a draft version of the report for consideration by the Health and Wellbeing Board.

2. Key Matters for the Board

- 2.1 The Health and Wellbeing Board are invited to discuss and consider the findings and the recommendations in the report. In particular, the Board are invited to consider how the organisations and service areas they represent can take forward and implement the recommendations set out in section 5.5 of this report.

3. Background

3.1 The Director of Public Health (DPH) has a statutory requirement to produce an independent Annual Public Health Report (APHR). This report is the DPH's statement about the health of local communities. The report:

- Contributes to improving the health and wellbeing of the local population
- Addresses health inequalities;
- Promotes action for better health through measuring progress towards health targets and
- Assists with planning and monitoring of local programs and services that impact on health over time.

3.2 The theme for the 2017-18 report is the health and wellbeing of young people and the experience of living and growing up in the Borough.

4. Purpose and scope of the APHR

4.1 The purpose of the report is to provide an overview of the health and wellbeing of the Bi-Borough population, with a focus on the needs of young people aged 14-25 and to describe some key challenges and opportunities at this critical time in their lives.

4.2 The report has the following aims:

- To enhance the health and wellbeing of all young people in the Bi-Borough
- That the voice and experience of young people themselves drives this process

4.3 Underpinned by a population level needs analysis, the report features the voice of young people gathered through interviews, workshops, and case studies to tell their stories and describe the lived experience of young people growing up in the Boroughs. The report shares their suggestions to improve health and wellbeing for their generation, and future generations.

4.4 Crucially, the report builds on and complement existing work carried out across Westminster, and Kensington and Chelsea by the local authority, NHS and key partners, such as Children's Services, Young Westminster Foundation, and the Grenfell Needs Assessment.

5. Key themes and recommendations

5.1 The report identifies a number of key themes of primary concern to young people that affect their health and wellbeing:

- Mental health and wellbeing
- Daily pressures and challenges
- Crime and safety
- Physical health and wellbeing
- Social media
- Access to services and information
- The future
- Drugs, alcohol and smoking
- Sex and relationships

5.2 In addition, the report covers a number of important issues for young people which were not raised by the young people themselves. While it is important that the young people have driven the focus of this report, it is also important to acknowledge these challenges which may not have been raised due to engagement with a limited number of young people or because they are sensitive issues which young people may have been understandably reluctant to discuss.

5.3 The annual report is designed to be a call to action, and to highlight the importance of protecting and promoting the health and wellbeing of our young people. Furthermore, it contains an ambition for the health and wellbeing of young people and recommendations designed to achieve this.

5.4 The report sets out the following vision for young people across the two Boroughs.

By working together we strive to make the two Boroughs a place where young people grow up:

- Leading healthy and happy lives
- Feeling safe and secure
- Being a part of their community
- Having aspirations and ambitions for their future

- 5.5 A number of recommendations for leaders and partners across the health and care system have been developed throughout the process of collating and reviewing the quantitative and qualitative evidence that has fed into this report. These are:

Recommendation	Description	What young people said
Collaborative working	Build relationships so that the councils, organisations providing services for young people and communities work together in order to provide a cohesive and well considered approach to the health and wellbeing needs of young people. e.g. use community days to engage with the community around serious youth violence.	"We have a good community here and we have a good sense of community within the youth"
Engage with more young people in order to identify with further unmet need	Engage with further young people than the limitations of this report allowed, including those who don't engage with services, offering a representation of the diversity across the bi-borough. E.g. train young people in decision making whilst also discussing services they would like to see improved, so they have the capacity to make an impact in their local areas	"Engaging more with the community...you'll find a lot of people who say 'I'm not being heard'"
Enable young people to build trusted relationships with services	Build trusted relationships to enable young people to open up about their concerns and give young people the confidence that those they have confided in will act in their best interests.	"We need mechanisms that make you feel like you're comfortable enough to talk about things"
Engage with young people through mediums they regularly access	Young people regularly asked for access to services which already exist across the bi-borough. Services and assets need to be advertised on platforms that young people use so they become aware of them.	"You know what the youth use, which is social media and things like that - if we target it towards a platform where it's accessible, I think that would be better"

- 5.6 In next year's annual report we will monitor progress on the views of young people expressed in the report through a You Said, We Did report.

6. Legal Implications

- 6.1 The Director of Public Health for a local authority must prepare an annual report on the health of the people in the area of the local authority Section (Section 31 (5) of the Health and Social Care Act, 2012). Westminster City Council has a duty to publish the report (Section 31 (6) of the Health and Social Care Act, 2012)

Implications verified/completed by: Hazel Best, Principal Lawyer, 020 7641 2955

7. Financial Implications

- 7.1 There are no financial implications arising from this report. Any future financial implications identified as a result of the report will be presented to the appropriate Board(s) and governance channels in a separate report.

Implications verified/completed by: Richard Simpson, Public Health Finance Manager, 020 7641 4073

If you have any queries about this Report or wish to inspect any of the Background Papers please contact:

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APPENDICES:

None

BACKGROUND PAPERS:

None